



Person Specification

Title of job: Lead Counsellor / Therapist (Self-harm)

Salary: £32,029 - £33,799 per annum (pro rata), depending on experience

Location: Hybrid working from home and across Cambridgeshire

Hours: 7.5 hours (1 day) per week to be worked flexibly

You may have to work early mornings, evenings and weekends to accommodate the family's needs and commitments, such as work and school hours.

Contract: 2-year fixed term in the first instance

Reports to: Clinical Supervisor and Operations Manager

Company information:

NESSIE IN ED CIC aims to provide support for children and young people's emotional and mental health by providing a range of therapeutic services; being based in educational settings; supporting families; supporting staff and linking closely with other services and the national agenda.

We are a people first, not for profit organisation who values diversity.

Purpose:

This job has arisen due to increasing concern about children and young people's (CYP) mental health across Cambridgeshire as a result of the pandemic. The role will draw on your clinical knowledge to support a specialist Family Support Worker (self-harm) with the safe delivery of a strategy of practical help, emotional and mental health support and training workshops for families of children and young people who self-harm in the region.

Reporting to:

Clinical Supervisor and CEO

Key Duties and Responsibilities:

- Supporting the Specialist Family Support Worker (FSW) (self-harm) with the safe delivery of specialist advice and training that will support the wellbeing and mental health of parents who have children who self-harm
- Providing the clinical knowledge required to enable the FSW (self-harm) to support parents on how to manage CYP who self-harm, with a goal to reduce the incidence of self-harm
- Supporting the FSW (self-harm) with evaluating and assessing caseload needs and monitoring progress.
- Overseeing complex cases including completing assessments of those families' needs to identify, plan or signpost the support needed.
- Support regular caseload review meetings with individuals with complex needs and families during home and community visits to ensure they're fully supported to progress and achieve desired outcomes.
- Supporting the FSW (self-harm) with developing the training of specialist parent / carer workshops and running support groups where needed ie for siblings
- Supporting the FSW (self-harm) with workshops for families if needed



- Working in partnership with local commissioned and voluntary sector services, colleagues, and other health and social care professionals and multi-agency networks
- Managing your own workload, administration and diary commitments
- Maintaining accurate and up-to-date administration and caseload records, including reports of all interactions
- Adhering to professional practice standards and legislation, including confidentiality, safeguarding, equality, diversity and inclusion policies
- Ensuring you're up-to-date with your knowledge of local service provision for appropriate signposting and referrals.

What do you need to be able to perform this role

Criteria:	Description	Essential or Desirable
Experience:	Registered Arts Therapist / Counsellor	Essential
	A minimum of two years' post qualifying experience	Essential
	Supporting families and children in community or educational settings	Essential
	Relevant lived experience	Desirable
Behaviours / skills:	Positive open attitude	Essential
	Passionate about increasing access to support	Essential
	Child centred	Essential
	Good time management	Essential
	Flexible and adaptable	Essential
	A team worker	Essential
	Comfortable facilitating training	Essential
	Ability to support professionals through forums	Essential
	A strong foundation of knowledge in Mental Health	Essential
	A strong ethical and safeguarding awareness	Essential
	An ability to form positive working relationships	Essential
An interest in research	Desirable	
Full clean driving licence	Essential	
Qualifications:	MA in Drama, Music or Art Therapy or counselling diploma	Essential
	Supervision Diploma	Desirable
	Safeguarding level 2	Essential
	Prevent	Essential