



Person Specification Specialist Family Support Worker (Self-Harm)

20 hours per week

2 years fixed term in the first instance

Salary: £18,000 - £24,000 per annum (pro rata) dependent on experience

Company information:

NESSIE IN ED CIC aims to provide support for children and young people's emotional and mental health by providing a range of therapeutic services; being based in educational settings; supporting families; supporting staff and linking closely with other services and the national agenda.

We are a people first, not for profit organisation who values diversity.

Purpose:

As a specialist family support worker, you will offer practical help, emotional and mental health support and hold workshops for families of children and young people who self-harm. Based from home and across Cambridgeshire where there has been increasing concern about children and young people's (CYP) mental health as a result of the pandemic. This role is ideal for anyone hoping to make a positive impact on the lives of children, young people and families.

Reporting to:

Clinical Lead and Supervisor

Key Duties and Responsibilities:

- Supporting the wellbeing and mental health of parents who have children who self-harm through the provision of specialist advice and training
- Supporting parents on how to manage CYP who self-harm, with a goal to reduce the incidence of self-harm
- Completing initial assessments of families' needs to identify and plan the support needed, undertaking regular caseload review meetings with individuals and families during home and community visits to ensure they're fully supported to progress and achieve desired outcomes.
- Evaluating caseload needs and monitoring progress.
- Sharing advice, training and parenting skills in regular forums
- Coaching, mentoring and motivating families to understand the benefits of relevant activities
- Working in partnership with local commissioned and voluntary sector services, colleagues, and other health and social care professionals and multi-agency networks
- Managing your own workload, administration and diary commitments

Helping children and young people thrive

NESSIE IN ED CIC. Company registered in England & Wales number: 11719406



- Maintaining accurate and up-to-date administration and caseload records, including reports of all interactions
- Adhering to professional practice standards and legislation, including confidentiality, safeguarding, equality, diversity and inclusion policies
- Ensuring you're up-to-date with your knowledge of local service provision for appropriate signposting and referrals.

What do you need to be able to perform this role

Experience:

Description	Essential or Desirable
A minimum of two years' experience in a relevant area such as mentoring, advisory work, coaching, training, counselling or community work in a paid or voluntary role.	Essential
Experience of supporting children and their families	Essential
Knowledge of safeguarding practices and procedures	Essential

Behaviours / skills:

Description	Essential or Desirable
Excellent communication and listening skills	Essential
Ability to build and maintain rapport with adults, young people and children	Essential
Ability to remain calm under pressure and when dealing with challenging or confrontational behaviour	Essential
Flexible and adaptable	Essential
A good understanding of the challenges face by the families you help	Essential
Organisation and problem-solving skills	Essential
Resilience and the ability to cope with emotionally-draining situations	Essential
Commitment to making a positive difference to the lives of service users	Essential
A positive, non-judgemental, empathetic and sensitive approach	Essential
Effective teamwork skills	Essential
Competent IT skills in order to record and maintain accurate data	Essential
The ability to maintain expert knowledge of local services and provision.	Essential