



## Counselling and Arts Therapies Costs

1<sup>st</sup> September 2021 – 31<sup>st</sup> August 2022

### Children and Young Peoples IAPT Practitioners: (ASD/LD and Infant Mental Health (0-5's))

Sessional Fee.....	£52.00
*Term fee (1 session per week).....	£610.00 (£50.83 p/s)
*Term fee 1 day per week (5 sessions).....	£3,033.00 (£50.55 p/s)
**Annual contract for ½ day (3 sessions) per week.....	£5,550.00 (£46.25 p/s)
**Annual contract for 1 day per week (5 sessions).....	£9,100.00 (£45.50 p/s)

### Counselling / Arts Therapy:

Sessional Fee.....	£60.00
*Term fee (1 session per week).....	£700.00 (£58.33 p/s)
*Term fee 1 day per week (5 sessions).....	£3,500 (£58.33 p/s)
**Annual contract for ½ day (3 sessions) per week....	£6,400.00 (£53.33 p/s)
**Annual contract for 1 day per week (5 sessions)....	£10,500.00 (£52.50 p/s)

### \*\*\*Groups (3-5 persons):

Sessional .....	£110.00
Term fee (1 group per week).....	£1300.00 (£108.33 p/s)

All costs are NET of VAT for a setting / organisation. Included is regular clinical supervision, management, safeguarding and CPD training of the NESSie practitioner. Each practitioner completes an initial assessment and termly report for each referral. Safer recruitment checks have been completed and each practitioner holds a current DBS.

\*term fees are calculated on a 12 week term

\*\* Annual contracts term time only (38 weeks)

\*\*\* A group can be factored into annual contracts as the equivalent of 2 sessions. This includes an additional half hour for set-up and clearing away and time for additional note taking

We currently have Recruit to Train qualified Arts therapists completing a specialist in ASD/LD and Systemic Family Therapy. These are subsidised posts and therefore cost a reduced rate of £25 per session. Places are limited to availability

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## Training and Supervision Costs 1<sup>st</sup> September 2021 – 31<sup>st</sup> August 2022

### Training

One Training.....	£500
<i>2 trainers in person/remote 1 training with consultation / supervision time Shared bite size information sheet (usually between 2-3 hours depending on content and the group)</i>	
Discounted rate.....	*£400
<i>*if your setting already has a contract with NESSie you are able to request a training at a discounted rate</i>	
Whole day training.....	£850
<i>2 trainers in person/remote 2 trainings Shared bite size information sheet Admin support re bookings if required</i>	
Open online training for Professionals.....	£45 per delegate
Open online training for Parents.....	£25 per household

### Supervision

Supervision group - max 6 participants (1.5 hours).....	£200
One-to-one Supervision (1 hour).....	£60

### NESSie Foundation in Mental Health – mental health leads training

This DfE approved mental health leads training is an 8 week program. The DfE is offering grants for SLT to attend this training.	£450pp
	<b>OR</b> £3750 per group of up to 14 delegates

All costs are NET of VAT for a setting / organisation. Included is regular clinical supervision, management, safeguarding and CPD training of the NESSie practitioner / trainer.

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